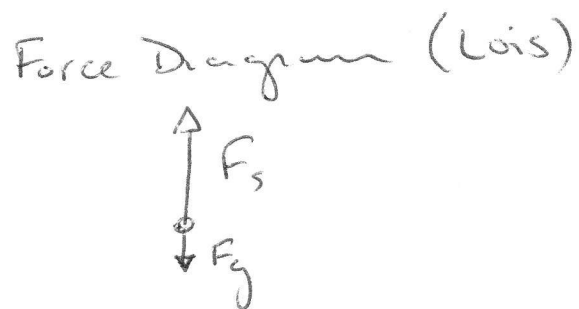
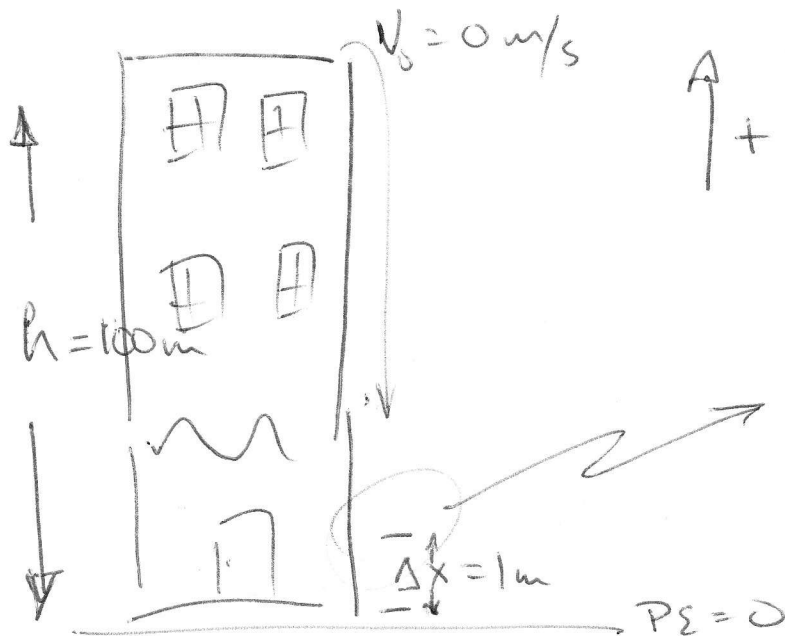


Generic Problem Solving Guide

- Focus
 - Draw a picture
 - What is the question?
 - List known quantities and unknown quantities
 - List assumptions
- Physics
 - Determine approach - What physics principles will you use?
 - Pick a coordinate system
 - Simplify picture to a schematic (if needed)
- Plan
 - Divide problem into sub-problems
 - Modify schematic and coordinate system if needed
 - Write general equations
- Execute
 - Write equations with variables
 - Simplify and solve
- Evaluate
 - Check units
 - Is answer reasonable? Check limiting cases!



How much time does it take Superman to stop Lois?

How much force is applied to Lois? (How many g's?)

Approach

$$E_i = E_f$$

$$W = \int \vec{F} \cdot d\vec{x}$$

$$\int \vec{F} \cdot dt = \Delta \vec{p}$$

- Find velocity of Lois when she has fallen 99m. (right before Superman catches her)

$$E_i = E_f$$

$$mgh = \frac{1}{2}mv^2 + mgx$$

$$v = [2g(h-x)]^{1/2}$$

$$v = (2 \cdot 9.81 \frac{m}{s^2} \cdot 99m)^{1/2} = 44 \text{ m/s}$$

[Direction from diagram]

- Find force from work needed to stop Lois

$$W = \int F_{net} \cdot dx = \Delta E$$

$$-F_{net} \Delta x = E_f - E_i = 0 - \frac{1}{2}mv^2 - mg \Delta x$$

$$F_{net} = \frac{mv^2}{2\Delta x} + mg$$

$$F_s = F_{net} + mg$$

$$= 54,360 \text{ N}$$

- Find time from impulse

$$\int F_{net} \cdot dt = \Delta p$$

Since F_{net} is const.

$$a = \frac{F_s}{m} = 998 \text{ m/s}^2 \approx 100g$$

$$\frac{v_0}{\frac{v_0^2}{2\Delta x} + g} = \Delta t$$

$$\Delta t = \frac{\Delta p}{F_{net}} = \frac{mv_0}{\frac{mv_0^2}{2\Delta x} + mg} = \frac{v_0}{\frac{v_0^2}{2\Delta x} + g}$$

safe to say Lois is "squashed" [NOT SAFE]

$$\Delta t = \frac{2424 \text{ Ns}}{53820 \text{ N}}$$

$$= 4.5 \times 10^{-2} \text{ s (45 ms)}$$

Not enough time to ~~turn~~ portray.

units

$$N = \frac{\text{kg m/s}^2}{m} + \text{kg/s}^2$$

$h \uparrow$ $v \uparrow$ and $\Delta t \downarrow$

$x \uparrow$ $\Delta t \uparrow$

mass independent

reasonable